**Prism glasses for Progressive Supranuclear Palsy (PSP)**

People with PSP can have difficulties with looking downwards, which can have implications for activities such as eating, reading or typing. One approach which you may find helpful for these tasks is wearing *Prism Glasses*. As the lenses are right angle prisms that change the normal line of sight without any distortion, these glasses allow the wearer to view objects below them while their eyes still look forward.

Some carers have informed us that an affordable way to obtain a pair of these glasses is through visiting the website [www.amazon.com](http://www.amazon.com) and typing the term “Prism glasses” into the search box.